

## Wistaria & Milford Surgeries

### Seasonal Flu Vaccination Programme 2021/22

If you are over 65 years old you can book your seasonal flu vaccination from **Friday 20<sup>th</sup> August**

- By using the NHS app  
<https://www.nhs.uk/apps-library/nhs-app/> (get it here)
- Online with Patient Access  
<https://www.patientaccess.com/>
- Call the Practice on 01590 672212. Please remember our phone lines are very busy first thing in the morning so kindly help us by ringing later in the day.

**FLU VACCINES** are available annually to those most at risk of severe illness from flu, as last year the flu jab scheme is going to be available to even more people again this year, including the over 50's.

How will I know about flu this year?

Please see our website or visit us on Facebook

<https://www.facebook.com/WistariaMilford> or see our twitter

<https://twitter.com/wistariamilford>

#### **When do flu jabs start?**

We will be running two large clinics for the **over 65's** on

Saturday 11<sup>th</sup> September at Milford

Sunday 12<sup>th</sup> September at Wistaria

**50 – 64 year olds** (and those who are considered to be at risk)

Sunday 26<sup>th</sup> September at Wistaria (appointment booking not yet open)

#### **When is the NHS flu vaccine available?**

Book now.

The best time to have a flu vaccine is in the autumn, starting from the beginning of September.

Seasonal flu is typically seen in the UK between November and March; however, outbreaks can be seen as early as October and as late as May so getting the jab earlier is advised. **There is currently no firm vaccine delivery schedule for COVID boosters.** Therefore, we would strongly recommend getting your flu vaccine early rather than waiting.

Having a flu vaccine doesn't just to protect yourself, but helps to protect the NHS and your loved ones from flu.

I hope this information is helpful; we will update you as we have more news.

**Jan Lamont, Practice Manager**